

Intercare Sandton Day Hospital



Day hospital care

Intercare day hospitals carry out procedures that do not require an overnight hospital stay. Surgical services prioritise patient safety and comfort, utilising procedure- related techniques, and technology. This approach accelerates the healing process by getting patients home and back into comfortable surroundings, as quickly as possible.



Day hospital procedures



Ear, Nose & Throat Surgery (ENT)

- Adenoidectomy
- Frenectomy
- Nose fracture repair
- Otoplasty
- Tonsillectomy
- Myringotomy
- Functional Endoscopic Sinus Surgery
- Nose reconstruction
- Uvulaplasty
- Tympanoplasty
- Typanomastoidectomy
- Microlaryngoscopy
- Bronchoscope
- Intranasal antrostomies

Orthopaedic surgery



- Arthroscopy shoulder therapeutic
- Exploration of tendon and repair
- Ganglion/ carpal tunnel
- ORIF metacarpal
- ORIF tibia
- Arthroscopy knee
- Fracture repair



Urology

- Circumcision
- Prostate biopsy
- Vasectomy
- Hydrocele
- Cystoscopy and bladder biopsy
- Ureteroscopy and dormia
- Penile surgery



Ophthalmology



- Cataracts GI
- Eyelid & lacrimal surgery
- Pterygium
- Corneal transplant
- Evisceration of eye
- Strabismus repair
- Vitrectomy
- Posterior vitrectomy and PPV



Plastic surgery





- Nose reconstruction
- Otoplasty
- Rhinoplasty
- Scar Excision
- Skin grafts
- Mastopexy
- Breast augmentation
- Breast reduction
- Abdominoplasty
- Labiaplasty

- Blephroplasty
- Facelift
- Liposuction
- Fat transfer
- Lip reduction
- Plasymaplasty
- Brachialplasty
- Excision BCC
- Flap surgeries
- All augmentation surgeries

General surgery



- Colonoscopy
- Excision of breast lump
- Gastroscope
- Hernia repair
- Incision and drainage of abscess
- Laparoscopic gastric banding
- Laparoscopic gastric sleeve surger
- Appendicectomy laparoscopic
- Laparoscopic cholecystectomy
- Hemorroidectomy
- Protoscopy

Gynaecology



- Cauterization of vaginal warts
- Dilatation & Curettage
- Laparoscopy
- Hysteroscopy
- LETZ biopsy colposcopy
- Insertion mirena
- Labiaplasty
- Anterior posterior repair TVT

Dental procedures



- Extractions
- Fillings
- Polishing
- Pulpotomies
- Root canals





Maxillo facial procedures



- Impacted teeth
- Wisdom teeth
- Ridge augmentations
- Implants

Benefits of day surgery

Quick turnaround times between cases for surgeons

Multi-disciplinary, well experienced & knowledgeable nursing team





Fixed scheduling

Friendly atmosphere and modern environment

Pre-authorisation system Quick admission and discharge



Intercare day hospitals proudly partners with reliable and credible healthcare practitioners. The professional on-site teams ensure a convenient, safe and positive environment for both patients and healthcare practitioners.



Contact details



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Intercare Sandton

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