

# Intercare Irene Day Hospital

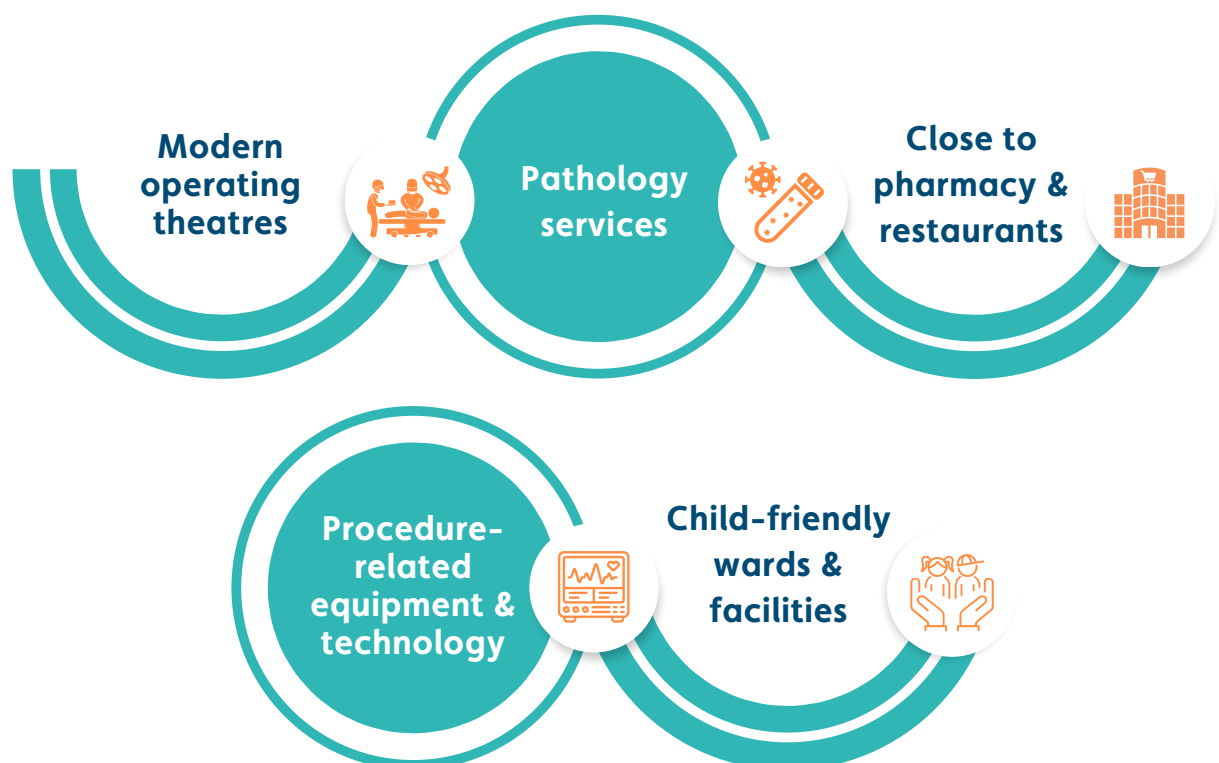


# Day hospital care

Intercare day hospitals carry out procedures that do not require an overnight hospital stay. Surgical services prioritise patient safety and comfort, utilising procedure- related techniques, and technology. This approach accelerates the healing process by getting patients home and back into comfortable surroundings, as quickly as possible.



**Take a hospital video tour with Martin Bester.**





# Day hospital procedures



# Orthopaedic surgery



- Arthroscopy shoulder, knee, elbow, wrist & ankle
- Bone fusion
- Dupuytren's surgery
- Exploration of tendon & repair
- Fractures
- Ganglion/carpal tunnel
- Hardware insertion & removal
- ORIF tibia
- ORIF metacarpal
- Trigger finger release





# Urology

- Brachytherapy
- Circumcision
- Cystoscopy & bladder biopsy
- Hernia repairs
- Penile surgery • Prostate biopsy
- Ureteroscopy & dormia
- Vasectomy



# Ophthalmology



- Cataracts GI / Local block
- Corneal transplant
- Evisceration of eye
- Eyelid & lacrimal surgery
- Phacoemulsification
- Posterior vitrectomy & Pars Plana Vitrectomy (PPV)
- Pterygium
- Strabismus repair
- Vitrectomy





# Plastic surgery



- Abdominoplasty
- Abdominoplasty
- All augmentation surgeries
- Blepharoplasty
- Brachioplasty
- Breast capsulectomy
- Breast mastopexy
- Breast reduction
- Calf implants
- Excision BCC
- Facelift
- Fat infiltration
- Flap surgeries
- Gynecomastia surgery
- Labiaplasty
- Liposuction
- Lip reduction
- Neck plication
- Nose reconstruction
- Otoplasty
- Rhinoplasty
- Scar excision
- Skin grafts

## General surgery

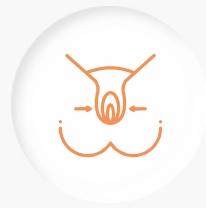


- Appendicectomy laparoscopic
- Colonoscopy
- Excision of breast lump
- Gastroscopy
- Hernia repair
- Skin lesion repairs
- Excision of melanoma
- Haemorrhoidectomy
- Incision & drainage of abscess
- Ingrown toenail removal
- Laparoscopic cholecystectomy
- Laparoscopic gastric banding
- Laparoscopic gastric sleeve surgery
- Proctoscopy
- Sebaceous cyst excision





# Gynaecology



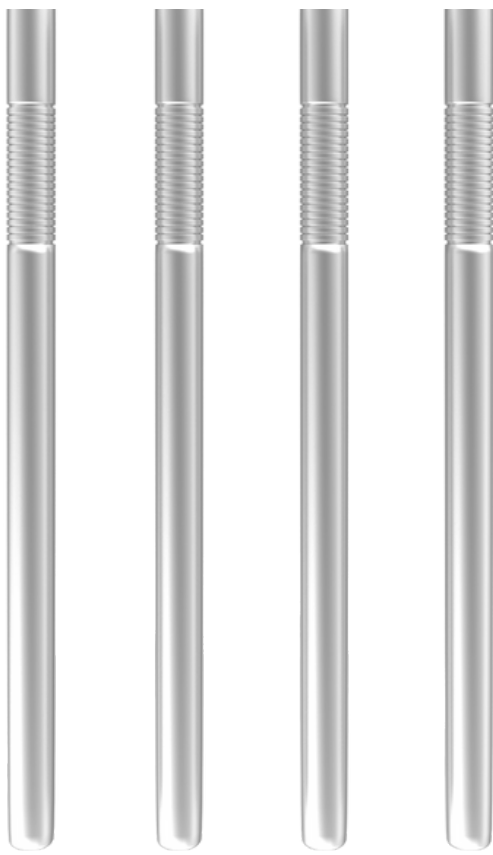
- Anterior-posterior repair TVT
- Canter of endometriose
- Cauterization of vaginal warts
- Cyst excision
- Diagnostics
- Dilatation & curetation
- Hysteroscopy
- Insertion mirena
- Labiaplasty
- Laparoscopic work
- LLETZ biopsy colposcopy



# Dental procedures

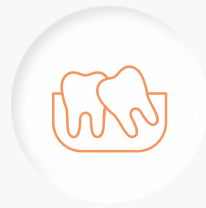


- Fillings
- Pulpotomies
- Extractions
- Polishing
- Root canals

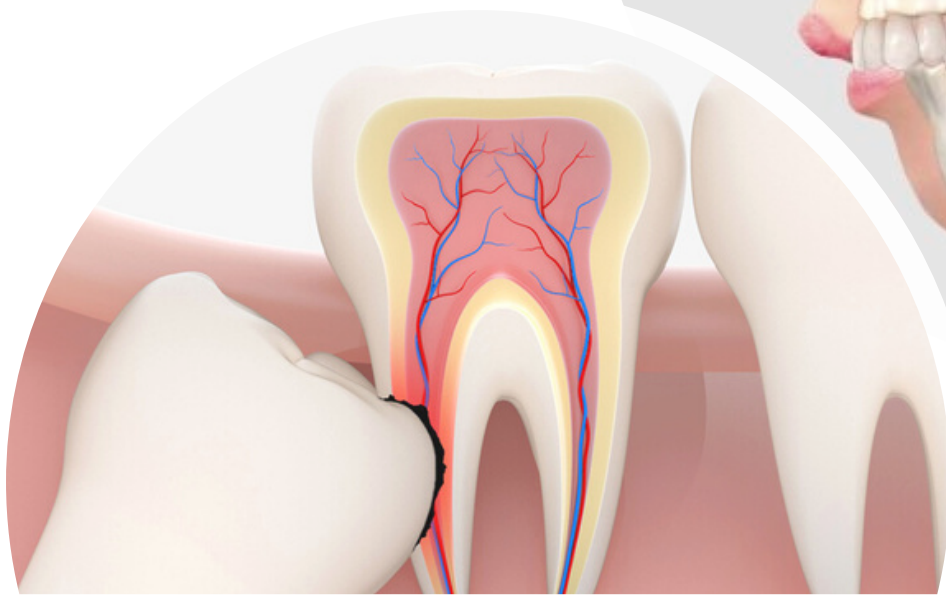




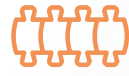
# Maxillo facial procedures



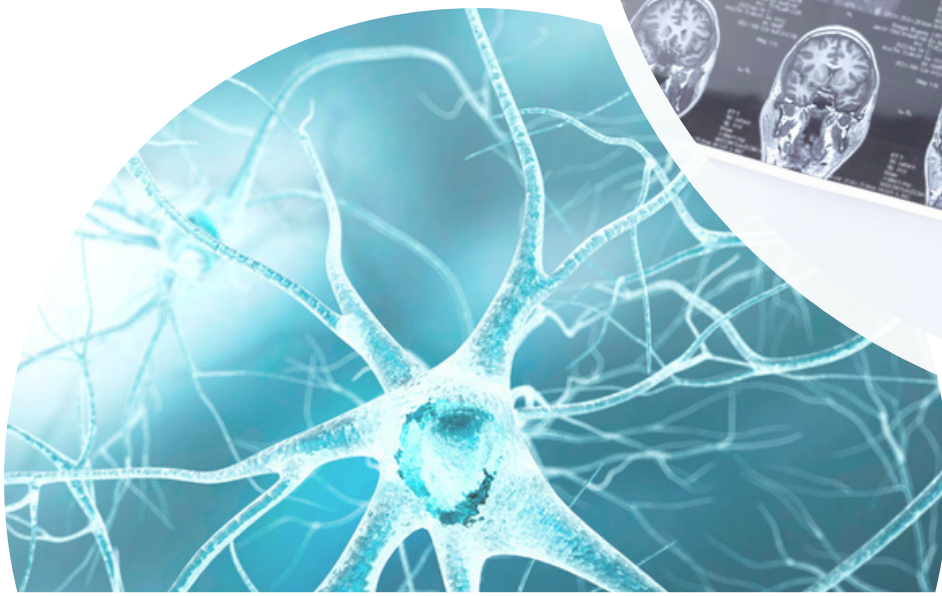
- Impacted teeth
- Wisdom teeth
- Ridge augmentations
- Implants



# Neurosurgery



- Infiltrations
- Rhizotomies
- Facet blocks





# Benefits of day surgery



**Quick  
turnaround  
times between  
cases for  
surgeons**



**Multi-disciplinary,  
well experienced  
& knowledgeable  
nursing team**



**Fixed  
scheduling**



**Friendly  
atmosphere and  
modern  
environment**



**Pre-authorisation  
system**



**Quick  
admission and  
discharge**

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## Top clinical care

Intercare day hospitals proudly partners with reliable and credible healthcare practitioners. The professional on-site teams ensure a convenient, safe and positive environment for both patients and healthcare practitioners.



## Contact details



[www.intercare.co.za](http://www.intercare.co.za)

### Intercare Irene

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