

# Intercare Executive Wellness Services

Elevate your well-being,  
empower your success.



# Introducing Intercare

## Executive wellness services

For over 22 years, Intercare Group has been dedicated to 'Making people feel better' and enhancing access to affordable, quality, integrated healthcare. With a network of 28 medical and dental centres and a range of digital health services, including nurse-led clinics, Intercare provides comprehensive primary care access to over a million patients annually across South Africa.

In addition, Intercare has 4-day hospitals, 4 physical rehabilitation hospitals, and a specialised fertility hospital providing over 50,000 bed days to the healthcare industry.

### Intercare Salubrity

Intercare Salubrity, founded in 2008, is a division of Intercare Corporate Services, focused on delivering exceptional healthcare solutions to businesses. With over a decade of expertise, we have established a strong network of top-quality healthcare providers and facilities both within and outside the Intercare Group.

We manage the entire assessment journey for executives, providing a dedicated point of contact from initial engagement to report delivery. This personalised approach ensures efficiency and maintains service excellence, enhancing the overall executive experience.

With access to our national network of Intercare facilities and carefully selected partners, Intercare Salubrity confidently offers comprehensive executive medical services across the country.

Intercare Salubrity is not just a service provider; we are your trusted partner in health. Our commitment to excellence and personalised care ensures that every executive receives the highest standard of medical attention, tailored to their unique needs.

By choosing Intercare Salubrity, you are investing in a healthier, more productive future for your leadership team, backed by a legacy of quality and innovation. Let us take care of your health, so you can focus on leading your business to new heights.



# Intercare Primary Care facilities

Intercare's model eliminates traditional healthcare fragmentation by creating multi-disciplinary centres where patients can access various professionals, including doctors, dentists, along with radiology and pathology services. Currently, Intercare operates 28 Primary Care centres nationwide.

Province	Area	Practice
Gauteng	Johannesburg	Intercare Bedfordview
		Intercare Fourways
		Intercare Linden
		Intercare Northriding
		Intercare Sandton
		Intercare Wilgeheuwel
	East Rand	Intercare Glen Marais
	Pretoria East	Intercare Castle Gate
		Intercare Glenfair
		Intercare Silver Lakes
		Intercare Woodhill
	Pretoria City Centre	Intercare Tramshed
Western Cape	Pretoria North	Intercare Wonderboom
	Centurion	Intercare Irene
		Intercare Mall@55
	Cape Town	Intercare Blaauwberg
		Intecare Century City
		Intercare Milnerton
		Intercare Panorama
		Intercare Tyger Valley
		Intercare Waterstone
	George	Intercare George
Eastern Cape	Gqeberha	Intercare Summerstrand
		Intercare Walmer
	East London	Intercare Gonubie
Limpopo	Polokwane	Intercare Polokwane
Kwa-Zulu Natal	Amanzimtoti	Intercare Amanzimtoti
	Pietermaritzburg	Intercare Woodburn

# Assessment packages

Essential	Comprehensive	Advanced	Executive
Medical questionnaire	Medical questionnaire	Medical questionnaire	Medical questionnaire
Full medical examination	Full medical examination	Full medical examination	Full medical examination
Resting ECG	Stress ECG	Stress ECG	Stress ECG
Peak flow	Peak flow	Lung function test	Lung function test
Urine dipstick	Urine dipstick	Urine dipstick	Urine dipstick
Fasting glucose	Fasting glucose	Fasting glucose	Fasting glucose
Lipogram	Lipogram	HbA1C	HbA1C
Haemoglobin	Full blood count	Lipogram	Lipogram
GGT, ALT	GGT, ALT	Full blood count	Full blood count
Creatinine	Creatinine	Liver function test	Liver function test
PSA/Pap smear	PSA/Pap smear	Urea and Electrolytes	Urea and Electrolytes
	High sensitivity FIT	PSA/Pap smear	PSA/Pap smear
		High sensitivity FIT	High sensitivity FIT
		Ferritin	Ferritin
			Vitamin D
			Vitamin B12
			ESR
None	Chest X-Ray	Chest X-Ray	Chest X-Ray
			Abdominal Ultrasound
Individualized medical report	Individualized medical report	Individualized medical report	Individualized medical report
<b>R4 427.50</b>	<b>R6 520.50</b>	<b>R8 659.50</b>	<b>R11 350.50</b>

All prices quoted include VAT and are valid for 2025, but Intercare reserves the right to amend these prices by notification prior to service delivery as may be necessary. All assessment packages include coffee or tea for the executive.



# Facilitation of Care Coordination

Intercare Salubrity focuses on facilitating medical assessments for each individual executive. The booking and rollout process is as follows:

Each executive is contacted to determine their availability for pathology and assessment appointments. Pathology testing may be booked and performed before the consultation, to ensure that the medical practitioner can provide concrete and informed feedback during the interaction.

“**Delivering high-quality medical care specifically tailored for executives.**”

All documents and information relating to their assessment is communicated to the executive prior to testing to ensure transparency and clarity on the process ahead. This includes an electronic questionnaire covering important aspects of the executive's lifestyle and medical history which allows a comprehensive review of their health status by the General Practitioner.

A dedicated staff member meets the executive on the day of their assessment and helps guide them through the in-branch process.

Salubrity's Care Navigators can coordinate services through a designated client liaison, should the client prefer to be the sole point of contact for their executives.

## Reporting to clients Individualized Reports

Personalised reports are provided to each executive within five working days of their medical assessment. These reports detail the results of the medical questionnaire, clinical measurements and examination, as well as laboratory or other investigations. The branding of these reports can be customised and/or white-labelled according to the client's requirements.

## Group Reports

An integrated, group-level report can be customised for clients to help decision-makers identify key health priorities. These anonymised reports provide insights from medical assessments and are available annually or after a sufficient number of executives have been assessed, ensuring anonymity and maximising data usefulness.



# Commercial information

## Insurance

The Intercare Group holds comprehensive insurance including Medical Malpractice, Liability, Directors, Asset all Risk, SASRIA and Business Continuity.

Medical Malpractice cover is underwritten by GPLA to the value of R30 million per claim. Willis Towers Watson is the Groups insurance broker.

## References



**International  
Labour  
Organization**

Biennial periodical medicals and entry medicals for employees.  
Duration: 7 years



**THE WORLD BANK**

Annual preventative screenings across the African continent.  
Duration: 3 years

**ZUTARI**

Executive medicals including GP consults, pathology, radiology and ECG Duration: 5 years

Contact details for key personnel from the above organisations can be provided upon request.



## Contact us

Intercare aims to increase access to quality, affordable, integrated healthcare. We are confident that we have the necessary resources, clinical expertise, and technical capabilities to deliver an exceptional value proposition for your business.

Contact us for more information or to schedule a product demonstration.

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