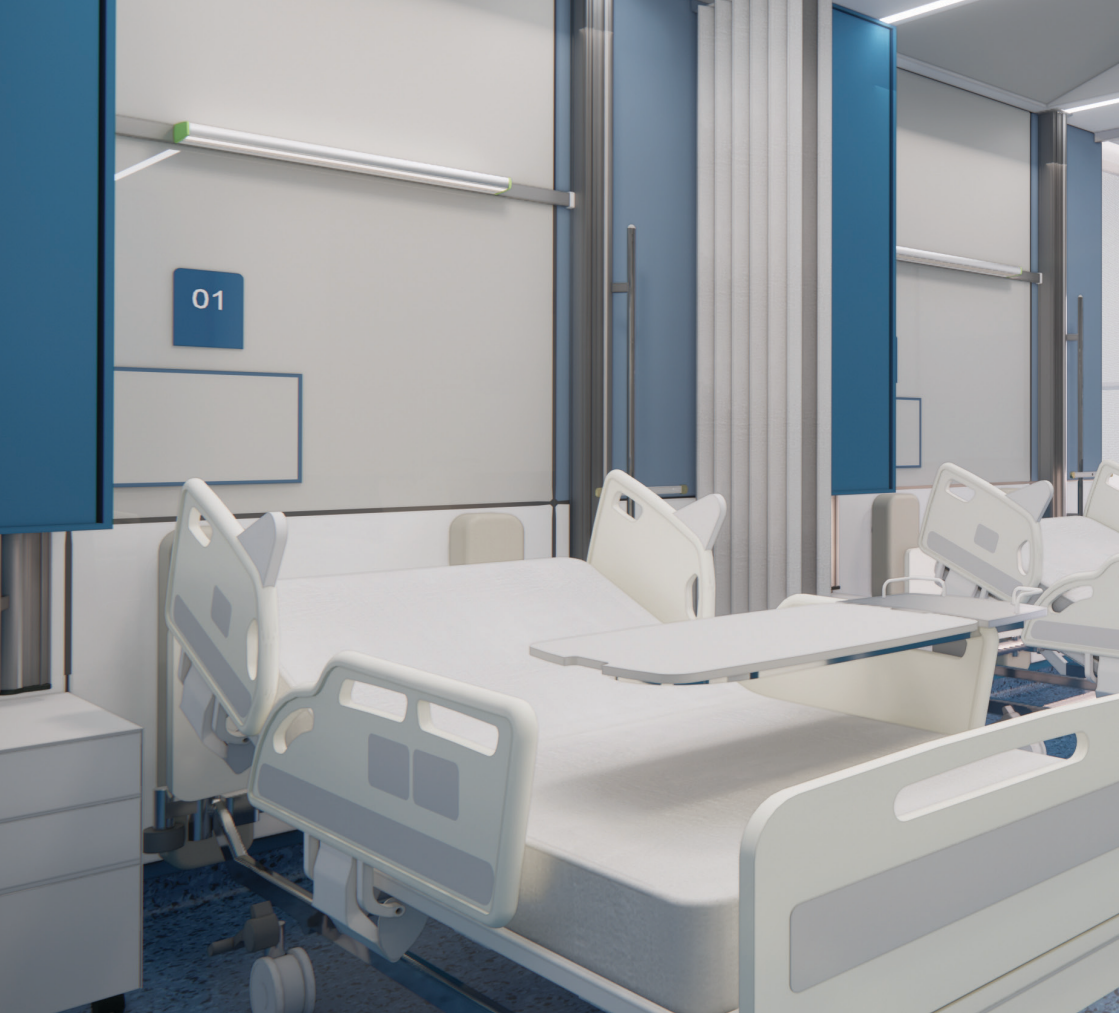


INTERCARE NEWLANDS PHYSICAL REHABILITATION HOSPITAL





Located at the Sports Science Institute of South Africa (SSISA) in Newlands, Cape Town, this new world-class facility focuses on comprehensive rehabilitative services for patients requiring hospital-based physical rehabilitation following severe injuries, complex medical conditions, or major surgeries. We focus on restoring function, maximising independence, and improving quality of life for patients with debilitating conditions such as stroke, spinal cord injury, or traumatic brain injury.

Our inter-disciplinary healthcare team provides personalised, evidence-based care in a state-of-the-art facility, surpassing industry standards with innovative therapies and a holistic, family-inclusive approach.





OUR SERVICES

- **Neurological rehabilitation**

Stroke, spinal cord injuries, and traumatic brain injuries.

- **Orthopaedic & musculoskeletal recovery**

Fractures, joint replacements, and post-surgical rehabilitation.

- **Sports injury rehabilitation**

High-performance recovery programs for athletes.

- **Post-critical care recovery**

Patients recovering from cardiac events or pulmonary conditions, and those with chronic illness management.

- **Pain management & functional movement training**

Integrated approaches to restore mobility and reduce discomfort.

- **Post-amputation rehabilitation**

Therapy for limb loss due to trauma, vascular disease, or surgery.

- **Palliative care**

Focused on quality of life and comfort for patients with life-limiting illnesses.

- **Medically complex rehabilitation**

Tailored recovery plans for patients with multiple or complex diagnoses.





FACILITIES



Comfortable patient rooms designed for recovery.



State-of-the-art physiotherapy and occupational therapy gym.



Advanced rehabilitation technology and collaboration with SSISA when required.



26-bed capacity.



Coffee shop on-site.

OUR TEAM

Our inter-disciplinary team consists of:

- Case Managers
- Doctors
- Dietitians
- Nurses
- Occupational Therapists
- Physiotherapists
- Psychologists
- Social Workers
- Speech & Language Therapists

BENEFITS OF OUR CARE

Intercare physical rehabilitation hospitals provide comprehensive, patient-centred care to support recovery and independence.

- **Personalised treatment plans**
Expert-designed physical rehabilitation plans for better recovery.
- **Monitoring & communication**
Regular communication with patients, families, and specialists.
- **Independence-focused environment**
Helping patients regain maximum independence.
- **Patient progress & transition**
Real-life practice before discharge for a smoother return home.







CONTACT US

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